

Woolston

Day	Ladies BoxFit	Boxfit	Thai General	Kids Thai 5-10yrs	Kidults Thai 11-15yrs	Thai Basics	Thai Fight *	Grading Training	Technical Boxing	Fight Training with Bree *
Monday	12.00pm–12.45pm			4.15pm–5.00pm	5.00pm–5.45pm	6.00pm–6.45pm	6.45pm–7.30pm			
Tuesday		6.00pm–6.55pm				7.00pm–7.45pm				
Wednesday				4.15pm–5.00pm	5.00pm–5.45pm	6.00pm–6.45pm	6.45pm–7.30pm	6.45pm–7.30pm		
Thursday		6.00pm–6.55pm								7.00pm–8.00pm
Friday			7.00am–8.00am						5.45pm–6.45pm	
Saturday			9.30am–10.30am							

Halswell

Day	Kids Thai 5-12yrs **	Kidults Thai 11-15yrs	Boxfit	Thai Basics
Monday				
Tuesday	4.00pm–4.45pm		6.00pm–6.45pm	6.45pm–7.30pm
Wednesday				
Thursday	4.00pm–4.45pm	4.45pm–5.30pm	6.00pm–6.45pm	6.45pm–7.30pm
Friday				
Saturday				

* Thai fight and Fight training with Bree available to all students and casuals

** Please ask if unsure which class your child should attend